Phone: 0194--2313019 (Sgr) Fax: 0194-2313021 (Sgr) E-mail: jksmdicds@gmail.com



Phone: 0191-2479030 (Jmu) Fax: 0191-2479029 (Jmu) Website: www.jkicds.com

GOVERNMENT OF JAMMU AND KASHMIR

STATE MISSION DIRECTORATE, ICDS, J&K

Auqaf Building Near JK Bank, Shaheed Gunj, Srinagar/ Hajj House 3rd Floor Rail Head, Jammu.

Subject: - Release of funds for POSHAN Abhiyaan under Integrated Child Development Services (ICDS) during the year 2018-19.

Reference: -i) F.No.NNM/11/2017-WBP Dated: - 04.09.2018

ii) Order No.pdaswd1/SWD/Plg/budget/2018-2019/9/17 Dated 04.09.2018

ORDER NO: 96-SMD of 2019
DATED: 9-02-2019
Sanction is hereby accorded to release of funds to the tune of Rs. 39.17 lakh (Thirty Nine Lakh and Seventeen Thousand Only) in favour of CDPOs of District Jammu, Poonch, Kishtiwar, Samba, Udhampur, Pulwama, Anantnag, Kulgam, Shopian, Srinagar, Ganderbal, Bandipora & Leh as Grant-in-Aid under POSHAN Abhiyaan under ICDS during current financial year 2018-19 for Conduct of Community Based Events (CBEs) at AWC level as per Annexure-A and strictly as per the guidelines of the scheme.

The Release of funds is subject to following conditions:-

- 1. All financial rules/orders and instructions issued by the Government from time to time shall be observed while incurring the expenditure against allocated amounts.
- 2. That the funds are utilized exclusively for the purpose for which these are released and as per the guidelines of the scheme and as per the contents of the letter under reference.
- 3. That all the codal formalities are observed before incurring the expenditure.
- 4. That no diversion/reappropriation of funds is allowed in any case without prior approval of the competent authority.
- 5. That utilization certificates of funds so released are to be furnished quarterly.
- 6. That the amount is drawn and paid to AWWs through DBT for conduct of the CBEs on the production of the requisite details of expenditure.
- 7. The DDOs will ensure that the expenditure be restricted to the extent of funds released.
- The abstract of GOI Guidelines is enclosed with the order for incurring the expenditure on conduct of CBEs.

The Expenditure on this account is debitable to the following head.

| Demand No | 18-Social Welfare Department. | | |
|----------------|--|--|--|
| Major Head | 2236-Nutrition. | | |
| Sub-Major Head | 02-Social Welfare | | |
| Minor Head | 101-Child Welfare | | |
| Group Head | 0031-Centrally Sponsored Scheme (CSS). | | |
| Sub Head | 1815-Nutrition | | |
| Detailed Head | 028-Grant-in-Aid | | |

Vir Ji Hangloo

State Mission Director ICDS, J&K, Jammu

Dated: 19-02-2019

No: SMD/ICDS/NNM-1/2018/ 58 18 -50

Copy to the following for information and necessary action:-

- 1. Secretary to Government, Social Welfare Department, Civil Secretariat, J&K, Jammu.
- 2. Principal Accountant General, J&K, Srinagar/Jammu.
- 3. District Programme Officer ICDS Jammu, Poonch, Kishtiwar, Samba, Udhampur, Pulwama, Anantnag, Kulgam, Shopian, Srinagar, Ganderbal, Bandipora & Leh
- 4. Deputy Director ICDS Jammu/Kashmir.
- Joint Project Coordinator, POSHAN Abhiyaan Jammu/Kashmir

ANNEXURE - A

| District | ICDS Project | No. of AWCs sanctioned | No. of AWCs functional | Funds released (in lakhs) | Total | Remarks |
|-----------|-------------------|------------------------------|------------------------------|---------------------------------|--------|---------|
| 1 | 2 | 3 | 4 | 6 | 7 | 8 |
| Jammu | CDPO Gandhi Nagar | 131 | 131 | 0.3275 | 0.3275 | |
| | CDPO Akhnoor | 273 | 270 | 0.675 | 0.675 | |
| | CDPO Khour | 310 | 298 | 0.745 | 0.745 | |
| | CDPO Jammu | 254 | 252 | 0.63 | 0.63 | |
| | CDPO R.S.Pura | 391 | 391 | 0.9775 | 0.9775 | |
| | CDPO Marh | 222 | 222 | 0.555 | 0.555 | |
| | CDPO Satwari | 168 | 168 | 0.42 | 0.42 | ' = |
| | CDPO Bishnah | 248 | 245 | 0.6125 | 0.6125 | |
| | CDPO Kot Bhalwal | 260 | 258 | 0.645 | 0.645 | |
| | CDPO Dansal | 203 | 203 | 0.5075 | 0.5075 | |
| | Mirgrant | 234 | 227 | 0.5675 | 0.5675 | |
| | Total | 2694 | 2665 | 6.6625 | 6.6625 | |
| Poonch | CDPO Haveli | 230 | 223 | 0.5575 | 0.5575 | |
| T GOMEN | CDPO Mandi | 268 | 260 | 0.65 | 0.65 | |
| | CDPO Surankote | 305 | 293 | 0.7325 | 0.7325 | |
| | CDPO Buflliaz | 149 | 144 | 0.36 | 0.36 | |
| | CDPO Mendhar | 347 | 334 | 0.835 | 0.835 | |
| | CDPO Balakote | 122 | 118 | 0.295 | 0.295 | |
| | Total | 1421 | 1372 | 3.43 | 3.43 | |
| Kishtiwar | CDPO Kishtwar | 195 | 187 | 0.4675 | 0.4675 | |
| | CDPO Padder | 77 | 75 | 0.1875 | 0.1875 | |
| | CDPO Nagseni | 60 | 58 | 0.145 | 0.145 | |
| | CDPO Drabshalla | 189 | 183 | 0.4575 | 0.4575 | |
| | CDPO Inderwal | 147 | 143 | 0.3575 | 0.3575 | |
| | CDPO Dacchan | 49 | 47 | 0.1175 | 0.1175 | * |
| | CDPO Marwah | 77 | 76 | 0.19 | 0.19 | |
| | CDPO Warwan | 37 | 36 | 0.09 | 0.09 | |
| | Total | 831 | 805 | 2.0125 | 2.0125 | |
| Samba | CDPO Purmandal | 215 | 215 | 0.5375 | 0.5375 | |
| | CDPO Vijaypur | 346 | 346 | 0.865 | | |
| | CDPO Samba | 289 | 287 | 0.7175 | | |
| | CDPO Ghagwal | 177 | 170 | 0.425 | | |
| p | Total | 1027 | 1018 | 2.545 | 2.545 | |
| Udhampur | CDPO Udhampur | 410 | 400 | 1.0 | 1.0 | |
| | CDPO Pancheri | 172 | 169 | 0.4225 | | |
| | CDPO Chenani | 284 | 281 | 0.7025 | | |
| | CDPO Gordhi | 162 | 160 | 0.4 | | |
| | CDPO Ram Nagar | 156 | 156 | 0.39 | | |
| | CDPO Majalta | 152 | 150 | 0.375 | 0.375 | |
| | CDPO Dudu B.Garh | 149 | 148 | 0.37 | 0.37 | |
| | Total | 1485 ^ | 1464 | 3.66 | 3.66 | |

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| Pulwama | CDPO Pulwama | 315 | 315 | 0.7875 | 0.7875 | |
|-----------|-----------------|-------|-------|--------|--------|------|
| | CDPO Kakapora | 214 | 213 | 0.5325 | 0.5325 | |
| | CDPO Pampore | 234 | 234 | 0.585 | 0.585 | |
| | CDPO Tral | 353 | 353 | 0.8825 | 0.8825 | |
| | Total | 1116 | 1115 | 2.7875 | 2.7875 | |
| Anantnag | CDPO Anantnag | 122 | 117 | 0.2925 | 0.2925 | |
| | CDPO Achabal | 281 | 276 | 0.69 | 0.69 | |
| | CDPO Bijbehara | 336 | 331 | 0.8275 | 0.8275 | |
| | CDPO Breng | 317 | 300 | 0.75 | 0.75 | |
| | CDPO Khovripora | 320 | 314 | 0.785 | 0.785 | |
| | CDPO Larkipora | 302 | 302 | 0.755 | 0.755 | |
| | CDPO Qazigund | 333 | 329 | 0.8225 | 0.8225 | |
| | CDPO Shangus | 217 | 217 | 0.5425 | 0.5425 | |
| | Total | 2228 | 2186 | 5.465 | 5.465 | |
| Kulgam | CDPO Kulgam | 271 | 271 | 0.6775 | 0.6775 | |
| | CDPO Dewsar | 97 | 97 | 0.2425 | 0.2425 | |
| | CDPO Pahloo | 153 | 143 | 0.3575 | 0.3575 | |
| | CDPO D.H.Pora | 396 | 337 | 0.8425 | 0.8425 | |
| | CDPO H.S.Bugh | 359 | 357 | 0.8925 | 0.8925 | |
| | Total | 1276 | 1205 | 3.0125 | 3.0125 | |
| Shopian | CDPO Shopian | 403 | 403 | 1.0075 | 1.0075 | |
| | CDPO Keller | 314 | 311 | 0.7775 | 0.7775 | |
| | Total | 717 | 714 | 1.785 | 1.785 | |
| Leh | CDPO Leh | 157 | 149 | 0.3725 | 0.3725 | V. |
| | CDPO Nobra | 100 | 96 | 0.24 | 0.24 | |
| | CDPO Khaltsi | 96 | 91 | 0.2275 | 0.2275 | |
| | CDPO Nyoma | 50 | 49 | 0.1225 | 0.1225 | |
| | CDPO Kharu | 45 | 45 | 0.1125 | 0.1125 | |
| | CDPO Durbuk | 36 | 36 | 0.09 | 0.09 | |
| | Total | 484 | 466 | 1.165 | 1.165 | |
| Srinagar | CDPO Batwara | 259 | 259 | 0.6475 | 0.6475 | |
| | CDPO Iddgah | 225 | 225 | 0.5625 | 0.5625 | - 46 |
| | CDPO Srinagar | 431 | 424 | 1.06 | 1.06 | |
| | CDPO Khanyar | 289 | 289 | 0.7225 | 0.7225 | |
| | Total | 1204 | 1197 | 2.9925 | 2.9925 | |
| Ganderbal | CDPO Kangan | 225 | 223 | 0.5575 | 0.5575 | |
| | CDPO Lar | 194 | 190 | 0.475 | 0.475 | |
| | CDPO Ganderbal | 250 | 245 | 0.6125 | 0.6125 | |
| | Total | 669 | 658 | 1.645 | 1.645 | |
| Bandipora | CDPO Bandipora | 284 | 274 | 0.685 | 0.685 | |
| | CDPO Hajin | 275 | 266 | 0.665 | 0.665 | |
| | CDPO Sumbal | 159 | 153 | 0.3825 | 0.3825 | |
| | CDPO Gurez | 116 | 110 | 0.275 | 0.275 | |
| | Total | 834 | 803 | 2.0075 | 2.0075 | |
| | G.Total= | 15986 | 15668 | 39.17 | 39.17 | |

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Chapter

Operational guidelines for organising community-based events

This operational guideline is provided to organise the event in a systematic manner across all AWCs. This may be suitably adapted by the States to the local and cultural context. It provides a forum wherein community support can be mobilised to motivate and enable pregnant women and mothers to practice the behaviour being recommended.

3.1 Number of participants

The number of participants in the event may be kept within 10-20 persons to ensure effective organisation and management of the event.

Extra care may be taken to include members of the marginalised families (SC/ST).

3.2 Periodicity, venue and duration

- Any one event based on the themes given may be organised in a month on a fixed day of the week.
- However, if need be, two different events may also be organised in a month preferably on two different days.
- If at one Anganwadi the number of participants is less, two Anganwadis can jointly organise the event.
- The Suposhan Diwas may be organized once a quarter in collaboration with the panchayat.
- Venue can be preferably at the Anganwadi Centre or any other place available in the community such as Mahila Mandal Bhawan, Panchayat Ghar/Bhawan, Choupal etc.
- Duration can be one hour to one and a half hour with flexible timing, convenient for the community to participate.



3.3 Providing name to the event

The events may be given special names as done in the States of Madhya Pradesh and Gujarat as Mangal Diwas and Mamata Diwas respectively.

3.4 Planning

- 1 Prior preparations (at least 2-3 days in advance)
 - List all pregnant women/mothers of children less than 2 years of age in the community
 - Invite all listed pregnant women, mothers of children less than 2 years of age in the community, their husbands and mothers-in-law
 - AWW, ASHA, ANM and ICDS Supervisor as facilitators/resource person

Also invite:

- PRI members, community leaders, VHSNC members
- · Members of SHGs and other local committee/women
- Adolescent girls
- Posters, flipcharts or other visual aids relevant to the event may be displayed in the AWC

2 Preparation on the day of the event

- Clean the AWC/or place of event and ensure adequate space for participants
- · Arrange and keep the following ready:
 - Functional weighing scale
 - Contact details of ambulance services
 - IFA tablets
 - Diverse food samples (vegetables and fruits, pulses, cereal, millets) if available, for demonstration
 - Relevant IEC material for counseling
 - Mat for sitting and safe drinking water
 - Tea and refreshments for the participants
 - Read through the guidance of key messages to be delivered during the event to refresh memory

3 Key activities during the event

- · Welcome all participants
- Bless the pregnant women and their families for a safe pregnancy (perform relevant traditional ritual) if the event is around maternal nutrition, and bless the child if the event is around complementary feeding

A / man

- Explain the reasons for celebrating this event and communicate key messages that the women and family members need to remember and practice
- Provide package of contact details of ambulance services, IFA tablets, if the event is focused on maternal nutrition
- Carry out food demonstration if the event is focused on complementary feeding
- Weigh and record the weight of all pregnant women; weigh and record the weight of all children
- Show CAS videos related to the theme

Engaging participants

- · Ask the target women and their families if they recall the messages provided
- Advise the husbands and mothers-in-law on their specific roles in supporting the women in practicing the recommended behaviours

5 Wrap up

- Seek commitment from participants to follow the advice
- Inform participants about the next celebratory event
- Take attendance and record in relevant register/format
- Close the event with traditional song and offer tea/snacks to participants

6 Remember to follow up in the next week

Visit the pregnant women and lactating mothers at their homes the following week to reinforce the messages and ascertain if the advice is being followed

3.5 Financial provision

- An amount of INR 250/- per event has been kept for this activity
- States may ensure giving flexibility in utilising this amount by the AWWs
- The item-wise expenditure may likely vary from event to event
- Resources may also be mobilised from panchayat/local bodies in meeting expenditures towards specific items as may be required for organising the events

| Table 1: Indicative Distribution of Amount Indicativ | ve Items |
|--|-------------|
| | Cost in Rs. |
| Expenditure towards items needed related to the rituals of the event | Rs. 100.00 |
| Refreshments —tea/snacks | Rs. 125.00 |
| Any other incidental cost | Rs. 25.00 |
| Total | Rs. 250.00 |